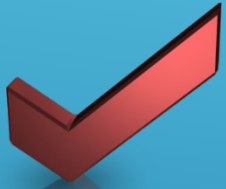


AGING PARTNERS AND THE AGING & DISABILITY RESOURCE CENTER (ADRC)

March 19, 2026

ADRC BACKGROUND



Established by the Nebraska Legislature in 2015 as a pilot



Permanent status established by Nebraska Legislature in 2018



Responsibility assigned to DHHS State Unit on Aging for program oversight, technical assistance, reimbursement, and grant management



ADRC PURPOSE

- **To provide information about long-term care services and supports available in the home and community for older Nebraskans or persons with disabilities, family caregivers, and persons who request information or assistance on behalf of others**
- **To assist eligible individuals to access the most appropriate public and private resources to meet their long-term care needs**

***Source: Aging and Disability Resource Center Act LB793 (2018); §68-1113**



PEOPLE WE SERVE

- ✓ Persons with Disabilities of any Age
- ✓ Persons Aged 60 and Older
- ✓ Family Members, Caregivers, Advocates & Providers

ADRC PARTNERS



- ▶ Aging Office of Western Nebraska
- ▶ Aging Partners
- ▶ Blue Rivers Area Agency on Aging
- ▶ Brain Injury Alliance of Nebraska
- ▶ Eastern Nebraska Office on Aging
- ▶ Easterseals Nebraska
- ▶ League of Human Dignity
- ▶ Midland Area Agency on Aging
- ▶ Munroe Meyer Institute
- ▶ Northeast Nebraska Area Agency on Aging
- ▶ South Central Nebraska Area Agency on Aging
- ▶ West Central Nebraska Area Agency on Aging
- ▶ 211 Nebraska



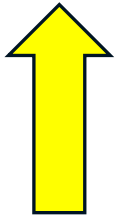
Information
& Referral

Options
Counseling

Transitional
Options
Counseling

Benefits
Assistance

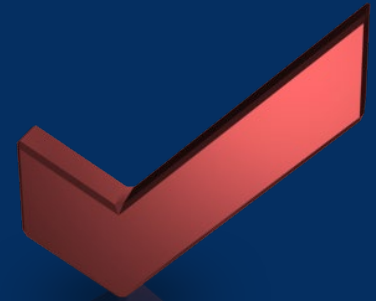
Mobility
Training



CURRENT ADRC SERVICES

INFORMATION & REFERRAL PURPOSE

- Establish contact with the consumer (or representative)
- Assess the consumer's long and short-term needs
- Identify resources to meet those needs
- Assist consumer (as needed/requested) in referral to identified resources
- Follow up (based upon consumer preference) to ensure needs have been met



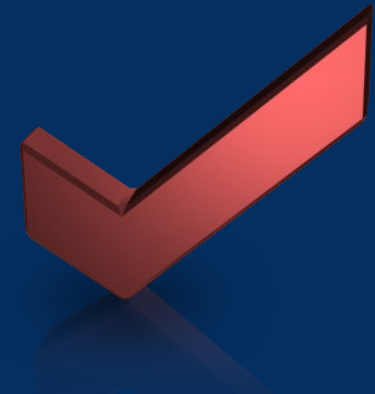
INFORMATION
& REFERRAL

OPTIONS COUNSELING

PURPOSE

- Helps eligible consumer make informed choices about services and supports to meet their needs
- Provides information on options to allow consumer to live as independently as possible in setting of their choice
- Provides assistance in applying for and securing services

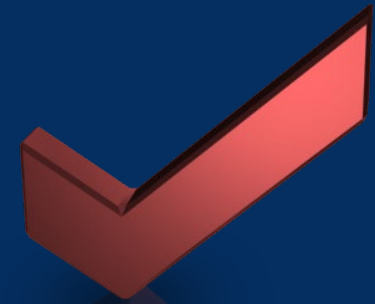
Note: ADRC does not provide services and supports, but rather assists the consumer in linking with community resources (including in-house) to receive needed supports.



OPTIONS
COUNSELING

TRANSITIONAL OPTIONS COUNSELING PURPOSE

- Assist eligible consumers and chosen representatives when faced with specific, time-limited issue
- Example: Assisting person transitioning from hospital to independent living in obtaining and coordinating supports to facilitate the change

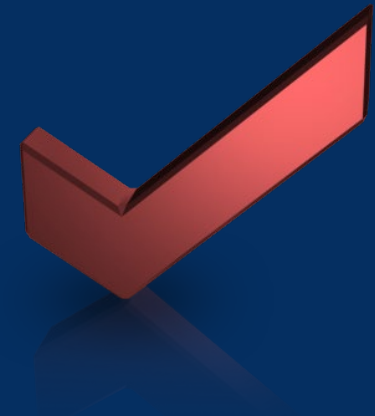


TRANSITIONAL
OPTIONS
COUNSELING

BENEFITS ASSISTANCE

PURPOSE

- Assist eligible consumer in understanding eligibility criteria and process for obtaining benefits
- Assist in understanding beneficiary rights
- Provide consultation and advice on benefit options
- Assist in completing benefits application forms

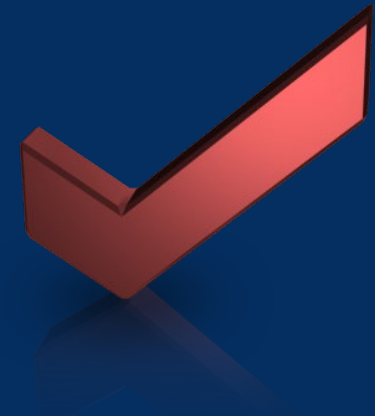


BENEFITS
ASSISTANCE

MOBILITY TRAINING

PURPOSE

- Provide eligible consumer training on transportation options available in their community
- Assist consumers in learning basic components of public transit system, rural handi-van system, bus schedules, etc.
- May be provided in individual or group setting and may involve field training



MOBILITY
TRAINING

Nebraska Aging and Disability Resource Centers (ADRCs)

844-843-6364

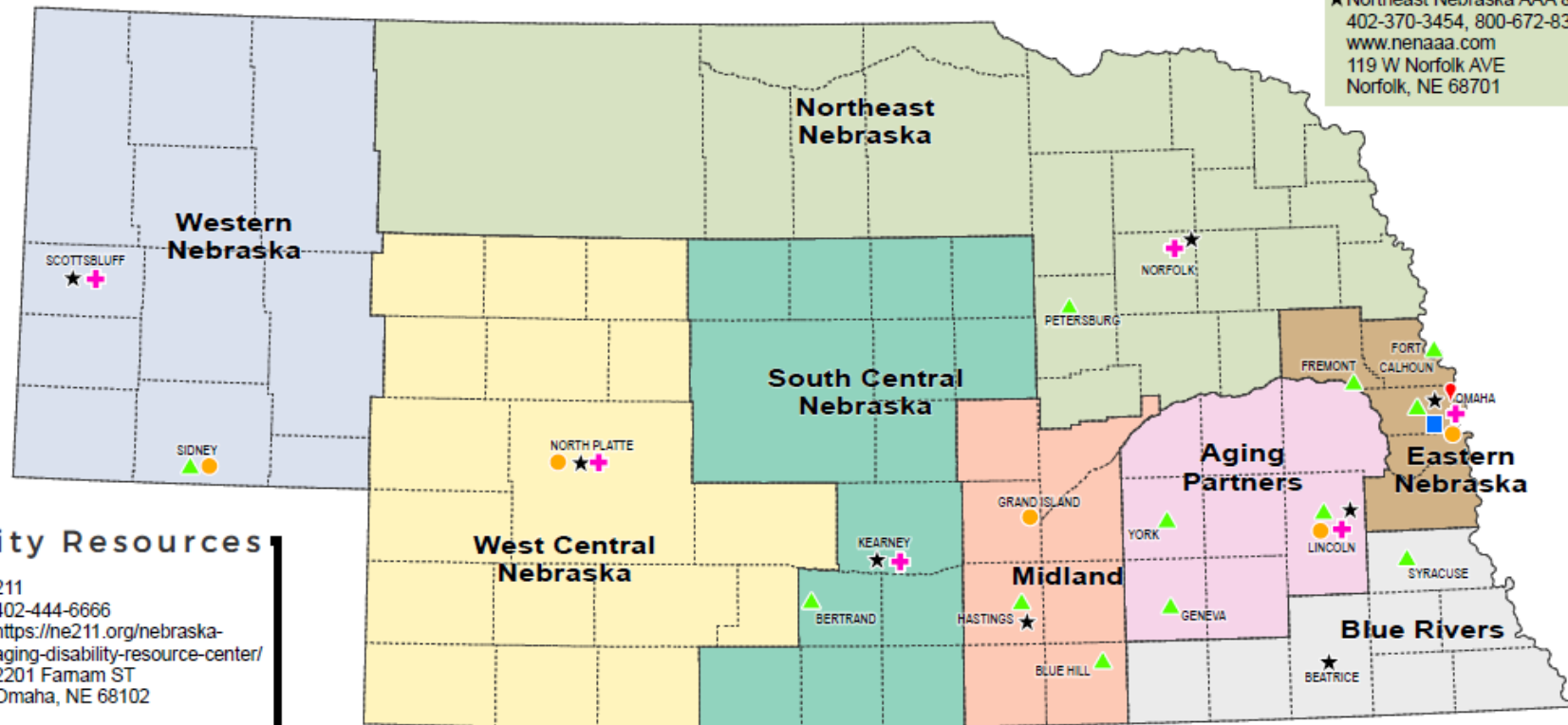
Press # for local office:

1. BIA-NE
2. Easterseals
3. LHD
4. MMI
5. 211
6. for Aging Offices:
 - 1 Scottsbluff
 - 2 Lincoln
 - 3 Beatrice
 - 4 Omaha
 - 5 Hastings
 - 6 Norfolk
 - 7 Kearney
 - 8 North Platte

★Aging Office of Western Nebraska
AAA & ADRC
308-635-0851, 800-682-5140
www.aown.org
1517 Broadway, Suite 122
Scottsbluff, NE 69361

844-843-6364 <http://ADRCNebraska.org/> (routes to 2-1-1)

★Northeast Nebraska AAA & ADRC
402-370-3454, 800-672-8368
www.nenaaa.com
119 W Norfolk Ave
Norfolk, NE 68701



Statewide Disability Resources

- ✦ League of Human Dignity
<https://leagueofhumandignity.com/>
Omaha Office
402-595-1256
800-843-5784
- Lincoln Office
402-441-7871
800-508-4758
- Kearney Office
308-224-3665
877-544-3296
- North Platte Office
308-532-4911
877-870-4911
- Scottsbluff Office
308-632-0470
877-298-1380
- Norfolk Office
402-371-4475
800-843-5785
- 211
402-444-6666
<https://ne211.org/nebraska-aging-disability-resource-center/>
2201 Famam ST
Omaha, NE 68102
- Brain Injury Alliance
402-423-2463
844-423-2463
<https://biame.org>
P.O. Box 22147
Lincoln, NE 68542
- ▲ Easterseals Nebraska
402-462-3031
800-471-6425
<https://www.easterseals.com/ne/>
- Munroe Meyer Institute
402-559-6418
800-656-3937
<https://unmc.edu/mmi/>
6902 Pine ST
Omaha, NE 68106

★West Central Nebraska AAA & ADRC
308-535-8195, 800-662-2961
www.wcnaaa.org
115 North Vine
North Platte, NE 69101

★Aging Partners AAA & ADRC
402-441-7070, 800-247-0938
<https://www.lincoln.ne.gov/City/Departments/Aging-Partners>
600 S. 70th ST, BLDG 2
Lincoln, NE 68510

★Eastern Nebraska Office on
Aging & ADRC
402-444-6536, 888-554-2711
www.enaa.org
4780 South 131 ST
Omaha, NE 68137

★South Central Nebraska AAA & ADRC
308-234-1851, 800-658-4320
www.agingkearney.org
620 East 25th ST, Suite 12
Kearney, NE 68847

★Midland AAA & ADRC
402-463-4565, 800-955-9714
www.midlandareaagencyonaging.org
2727 West 2nd ST, Suite 440
Hastings, NE 68901

★Blue Rivers AAA & ADRC
402-223-1376, 888-989-9417
www.braaa.org
103 Eastside Boulevard
Beatrice, NE 68310

NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES
MAP UPDATED: NOVEMBER 2023

ADRC CONTACTS

TOLL FREE: 1-844-843-6364

[HTTPS://UWM211.ORG/NEBRASKA-AGING-DISABILITY-RESOURCE-CENTER/](https://uwm211.org/nebraska-aging-disability-resource-center/)

Aging Office of Western Nebraska 1437 10 th Street Gering, NE 69341 308-635-0851 800-682-5140 (toll free) http://aown.org	Aging Partners 600 S 70 th Street, Bldg 2 Lincoln NE 68510 402-441-7070 800-247-0938 (toll free) https://lincoln.ne.gov/city/mayor/aging	Blue Rivers Area Agency on Aging 103 Eastside Blvd. Beatrice Ne 68310 402-223-1376 888-317-9417 (toll free) http://www.braaa.org	Brain Injury Alliance of Nebraska PO Box 22147 Lincoln NE 68542 402-423-2463 Resource/Referral: 844-423-2463 (toll free) https://biane.org
Eastern Nebraska Office on Aging 4780 South 131st Street Omaha, NE 68137 402-444-6536 800-554-2411 (toll free) http://enoa.org	Easterseals Nebraska 12565 West Center Road, Suite 100 Omaha, NE 68144-8144 402-462-3031 800-471-6425 https://ne.easterseals.com	League of Human Dignity 1701 P Street Lincoln NE 68508 402-441-7871 http://leagueofhumandignity.com	Midland Area Agency on Aging 2727 West 2 nd Street, Suite 440 Hastings, NE 68901 402-463-4565 800-955-9714 (toll free) http://www.midlandareaagencyonaging.org
Northeast NE Area Agency on Aging 110 N 37 th Street, Unit 101 Norfolk NE 68701 402-370-3454 800-672-8368 (toll free) http://nenaaa.com	South Central NE Area Agency on Aging 620 East 25 th Street, Suite 12 Kearney NE 68847 308-234-1851 800-658-4320 (toll free) http://agingkearney.org	UNMC Munroe-Meyer Institute 6902 Pine Street Omaha, NE 68106 402-559-6418 800-656-3937 (toll free) https://unmc.edu/mmi	West Central Nebraska Area Agency on Aging 115 N Vine Street North Platte, NE 308-535-8195 800-662-2961 https://wcnaaa.org
211 Nebraska 2201 Farnham Street, Suite 200 Omaha, NE 68102 402-444-6666 866-813-1731 https://ne211.org			



**AGING
PARTNERS**

WHAT WE DO

Information and Referral

ADRC

Benefits Counseling

Legal Assistance

Handy Home Services

Transportation

Health, Fitness & Nutrition

Senior Centers, Events & Activities

Senior Care Options and Medicaid Waiver

Care Management Services

Lancaster

Seward

Saline

Butler

York

Fillmore

Saunders

Polk

TOP 10

DHHS Benefits (Medicaid, SNAP, Chore Services, Meals, Transportation)

Housing (Evictions, help with rent or utilities)

Assisted Living, Nursing Home, Senior Retirement Living, Subsidized Living

Advance Directives (Will, POA, Living Will)

Help in the home (housekeeping, companionship, personal cares)

Transportation Resources

Food Resources

Personal Emergency Response Systems (ex. Life Alert)

Fraud, Scams, Victims of Elder Abuse

Caregiver Support (Respite, Support Groups, Financial Resources)

CAREGIVER SUPPORT

- ❑ Caregiver Stress
- ❑ Warning Signs
- ❑ Long-Term Effects
- ❑ Managing and Reducing Stress

CAREGIVER SUPPORT – COMMUNITY RESOURCES

Caregiver Support Group

2nd Tuesday of every month, 5-6pm

St. Mark's United Methodist Church

8550 Pioneers Blvd, Rm 137 (Lincoln)

Lincoln Caregiver Support Group

2nd Thursday of every month, 6:30-7:30pm

Gere Library 2400 S. 56th St. (Lincoln)

CAREGIVER SUPPORT – COMMUNITY RESOURCES

Local Caregiver Support

Dementia Support Groups

Stephen Ministry

Disabled Persons and Family Support Program (DPFS)

Lifespan Respite – Respite Subsidy Program

Private Community Home Health Providers

Respite Care Facilities

Warm Line



City of Lincoln
**AGING
PARTNERS**

lincoln.ne.gov/AgingPartners

- ▶ Valerie Franssen, MA
- ▶ 402-441-7070
- ▶ vfranssen@lincoln.ne.gov