

JULY 2025

RESPITE ENGAGEMENT

NEWSLETTER

Next Caregiving Panel in November

November is National Family Caregivers Month. Join us at our next Caregiving Panel discussion in November in Lincoln (virtual option will also be available).

Our first Caregiving Panel took place on June 26th in Omaha. Inspired by a new documentary that premiered on PBS titled *Caregiving*, our panel featured unpaid family caregivers from all walks of life.

For a full recording of the June Panel, click [HERE](#).

More details to come on the November Caregiving Panel.



Missed the premiere of *Caregiving*? Stream the documentary for free [HERE](#).

Learn more on how to support working caregivers on your team: [How to Create a Caregiver-Friendly Workplace](#)

RESPITE EMPLOYER ENGAGEMENT

Share respite resources with the working caregivers on your team. Georgia Ryba, Employer Engagement Initiative Coordinator, is available to help share resources.

Call (402) 552-2566 or email georgia.ryba@unmc.edu to learn more or request information.

[More Information Here](#)

NEBRASKA CAREGIVER SURVEY

Help us learn more about the needs and demographics of caregivers in our state.

Click [here](#) to take the survey. All answers are anonymous.

respite.ne.gov



VIRTUAL LEARNING SERIES

Join us for our next Virtual Learning Series. We are honored to have Jessica Guthrie as our guest speaker. Recently featured in the new documentary, *Caregiving*, Jessie is a powerful advocate for young caregivers and Black/African American caregivers.

Register for the Zoom link [HERE](#).

September 10, 2025
12:00PM CT

Jessica Guthrie
Caregiver and Advocate



SAVE THE DATE!

OCTOBER 4TH
AUTISM EATS

MORE DETAILS TO COME!