

## DID YOU KNOW?

Balancing work and family caregiving responsibilities is extremely common, and can be stressful. Approximately **43.5 million** Americans are providing care to an adult family member or friend with an illness or disability, and nearly **60%** of them (approximately **26 million** adults) also work a paying job.

Not only do employed caregivers experience high levels of stress, their dual roles also have career and work-related impacts.



# WORKING CAREGIVER SURVEY

Find out how family caregiving is affecting your workplace.

## FOR MORE INFORMATION

[https://respite.ne.gov/  
working-caregiver-survey](https://respite.ne.gov/working-caregiver-survey)

# NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

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Nebraska  
 **Family**  
Caregiver  
**Support**

**LIFESPAN RESPITE  
NETWORK**

## EMPLOYER BENEFITS

- Help employers and employees understand how family caregiving impacts work
- Impact businesses' bottom line by reducing absenteeism, retaining quality employees, and lessening workday distractions
- Help employers create a caring culture within their work force
- Help employers build relationships with their employees

## EMPLOYER IMPACT

- More than one in three employed caregivers report making workplace accommodations such as using flex time, reducing work hours, or quitting work entirely.
- Without adequate support, both working caregivers and their employers suffer.
- The magnitude of missed work from the employer's standpoint translates into an estimated loss of more than 126 million workdays each year, and the equivalent of \$25.2 billion in lost productivity.



## THE EMPLOYED CAREGIVER SURVEY CAN HELP!

FREE ONLINE SURVEY

QUICK AND EASY TO COMPLETE

ALL RESPONSES ARE ANONYMOUS

DATA IS COMPILED AND  
PRESENTED TO THE EMPLOYER IN  
AN EASY TO READ FORMAT

INFORMATION CAN BE USED TO  
HELP ADDRESS THE EMPLOYED  
CAREGIVER'S NEEDS

